

# Shamanic Dreaming



the **Art & Myth** of the **SPIRIT** animals

Shamanic Art Afternoon with  
Mary Novak

ST. LOUIS ARTIST GUILD, CLAYTON

May 23, 09 • 10 - 4 pm • \$60 / \$45 Students

314-644-2264 • [www.ShamanDreamkeeper.com](http://www.ShamanDreamkeeper.com)



**St. Louis  
Artist Guild  
Workshop  
Saturday,  
May 23, 2009  
10:00 - 4:00 PM**

Mary Novak is a shaman, healer, spiritual artist, poet, astrologer and seer who is bringing to the Guild **'The Art and Myth of the Spirit Animal'**, an all day playshop. "My calling as a shaman is to inspire and help other's reconnect with their original dream and part of this is to dream with the earth and her spirit and spirit animals, through our innate powers of perception, intuition and transformation.

Working with global cultural myths, dreamtime, symbolism and image, we open the possibility for our intuition to heal or reopen from childhood and expand awareness. The language of womans shamanic dreaming is older than the Ice Age and directly connected to nature's spirit medicine through emotion. This play-shop begins with a talking circle, followed by a shamanic journey to go seek our power and spirit animal guide(s), a light lunch and then an afternoon of creating artistic expressions from our experience.

The Artist Guild also offers us one weekend to show our artwork for those who wish to participate. *We also encourage non-artists to come play in this creative workshop!*

**\$60 / \$45 Students  
314-644-2264**

**other shamanic happenings:**

**<http://people.tribe.net/dreamkeeper>**

**coming soon: [www.ShamanDreamkeeper.com](http://www.ShamanDreamkeeper.com)**

"WE CALL FORTH THE  
ANIMAL SPIRITS TO HELP  
US FIND STRENGTH,  
COURAGE AND  
GUIDANCE TO LIVE IN  
HARMONY WITH THE  
EARTH AND WITH OUR  
OWN SPECIES."



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MOUNDS  
SPIDER.  
1998  
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Novak